



Two Shires Medical Practice
Kibworth, Market Harborough and Fleckney

TRAVEL RISK ASSESSMENT FORM

Please complete this form prior to your travel appointment and return it to reception

Personal Details	
Name:	Date of Birth: Male [] Female []
Address:	
Telephone:	
Mobile:	

Dates of trip
Date of Departure:
Return date or overall length of trip

Itinerary and purpose of visit		
Country and region to be visited	Length of stay	Away from medical help at destination, if so, how remote?
1.		
2.		
3.		

Please tick as appropriate below to best describe your trip					
Type of trip	Business		Pleasure		Other **
Holiday type	Package		Self organised		Backpacking
	Camping		Cruise ship		Trekking
Accommodation	Hotel		Relatives / family home		Other **
Travelling	Alone		With family / friend		In a group
Staying in area which is	Urban		Rural		Altitude
Planned activities	Safari		Adventure		Other **

** Please specify "Other"

Personal medical history
Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions, thymus disorder)
List any current or repeat medications
Do you have any allergies (for example to eggs, antibiotics, nuts)?
Have you ever had a serious reaction to a vaccine given to you before?
Does having an injection make you feel faint?
Do you or any close family members have epilepsy?
Do you have any history of mental illness including depression or anxiety?
Have you recently undergone radiotherapy, chemotherapy or steroid treatment?
<i>Women only:</i> Are you pregnant or planning pregnancy or breast feeding?
Have you taken out travel insurance and informed the insurance company if you have a medical condition?
Please write below any further information that may be relevant

Vaccination history					
Have you ever had any of the following vaccinations / malaria tablets and if so when?					
Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne Enceph	
Other					
Malaria tablets					

To be completed when risk assessment is performed at the time of your clinic appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed Date

Travel appointment information

Trips to far away destinations are increasingly popular and the lower costs and faster transport make it feasible for many people. The variety of different adventurous type trips are also on the increase. This is all good news, but with such diversity the risks of travel to your health are increased and this makes the appointment with the nurse more complex. For example, we need to know about your travel itinerary and any significant aspects of your health in the past. These are typical questions we need to ask:

- ❖ When are you departing and for how long?
- ❖ Where are you going including the destinations within a country?
- ❖ Are you planning on undertaking any high risk activities?
- ❖ Have you taken out travel insurance and have you informed the company of any medical conditions?
- ❖ If female and of child bearing age, is there any possibility you could be pregnant if we needed to give you any injections?
- ❖ Do you have any medical conditions – these can interfere for example with the type of malaria tablets that can be chosen if you were going to a country that has malaria?

We need to perform a risk assessment before deciding which vaccines are recommended and the advice that will best suit your needs. For this reason the appointment could take 20 minutes or even longer. In this practice we plan to give you the necessary injections within this appointment time to save you having to come back. Modern vaccines are excellent so if you do feel nervous, please try not to worry – people are always surprised at how easy the injections are. Please note that there is a charge for some vaccines that are not available on the NHS.

It would help us greatly if you had some awareness of the travel health problems that you may be at risk from on your trip before you come for your appointment. Before you attend for your appointment please go to the following website, print off and read the information for the country you are visiting and bring it to the appointment with you:

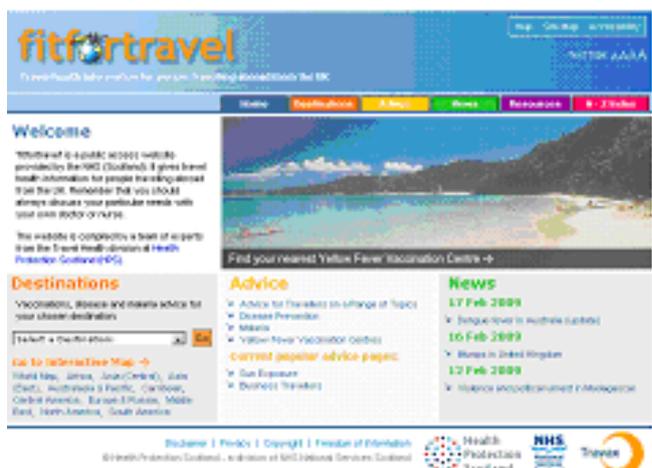
www.fitfortravel.nhs.uk

other useful websites to look at are:

www.fco.gov.uk

www.nathnac.org

www.malariahotspots.co.uk



We look forward to seeing you and helping you to travel safely